

# Girl Power Invitational 2010

## schedule:

### Sunday, March 14 Session 4A Level 3

7:30 - 8:00      Check-in  
 8:00-8:30      General Stretch  
 8:30-8:45      Flight 1 warm-up  
 8:50-9:00      March in  
 9:00 - 11:30    Competition  
 approx.11:45    Awards (cafeteria)

**no 4B session**

Event	Flight 1	Flight 2
VAULT	Queen City - 11	Capital City - 7 Kids in Motion - 4
BARS	Gym Quest - 12	FNT - 5 Gymniks - 5
BEAM	Queen City - 11	Kids in Motion - 12
FLOOR	GymNation - 11	Gymniks - 9 Revolution - 1

### Sunday, March 14 Session 5A Level 4

12:00 - 12:30    Check-in  
 12:30 - 1:00    Open Stretch  
 1:00 - 1:20    Flight 1 Warm-up  
 1:25 - 1:35    March in  
 1:35 - 5:00    Competition  
 approx. 5:15    Awards (cafeteria)

### Sunday, March 14 Session 5B Level 4

12:00 - 12:30    Check-in  
 12:30 - 1:00    Open Stretch  
 1:00 - 1:20    Flight 1 Warm-up  
 1:25 - 1:35    March in  
 1:35 - 5:00    Competition  
 approx. 5:15    Awards (auditorium)

Event	Flight 1	Flight 2
VAULT	Gymnation - 8	Spirit of Ohio - 5 Westside - 3
BARS	GTCO - 8	Gold Medal - 7
BEAM	Gymnation - 8	All Starz - 5 Gymnasium - 1
FLOOR	GTCO - 8	Gym Central - 5 Revolution - 4

Event	Flight 1	Flight 2
VAULT	CGA - 12	Tops (Blue) - 10
BARS	Queen City - 8	FNT - 8
BEAM	Kids in Motion - 8	Top (Blue) - 11
FLOOR	Queen City - 7	FNT - 7