

Girl Power Invitational 2010 schedule:

Saturday, March 13 Session IA Level 4

7:40 - 8:00 Check-in
 8:00 - 8:30 General Stretch
 8:30 - 8:45 Flight 1 warm-up
 8:50 - 9:00 March in
 9:00 -12:30 Competition
 approx. 12:45pm Awards (cafeteria)

Event	Flight 1	Flight 2
VAULT	Tops (White) - 9	FNT (Rec.) - 12
BARS	CGA - 12	Gymniks - 7
BEAM	Tops (White) - 10	Queen City - 12
FLOOR	Gym Quest - 10	Gymniks - 8

Saturday, March 13 Session IB Level 6

7:40 - 8:00 Check-in
 8:00 - 8:30 General Stretch
 8:30 - 8:45 Flight 1 warm-up
 8:50 - 9:00 March in
 9:00 -12:30 Competition
 approx. 12:45pm Awards (auditorium)

Event	Flight 1	Flight 2
VAULT	FNT - 7 Capital City - 1	CGA - 9
BARS	GTCO - 6	Gym Central - 4 Westside - 3
BEAM	Gym Quest - 5 All Starz - 1	CGA - 10
FLOOR	Gymniks - 4 Revolution - 2	Medina - 3 Gold Medal - 3 Spirit of Ohio - 3

Saturday, March 13 Session 2A Level 5

12:15 - 12:45 Check-in
 12:45 - 1:15 General Stretch
 1:15 - 1:30 Flight 1 warm-up
 1:35 - 1:45 March in
 1:45 - 4:00 Competition
 approx. 4:15 Awards

Event	Flight 1	Flight 2
VAULT	CGA - 10	Gymniks - 8 Spirit of Ohio - 2
BARS	Tops - 12	FNT - 5 Medina - 5
BEAM	CGA - 9 Revolution - 2	Gold Medal - 13
FLOOR	Tops - 13	FNT - 10 Westside - 1

Saturday, March 13 Session 2B Level 8 - 10

12:15 - 12:45 Check-in
 12:45 - 1:15 General Stretch
 1:15 - 1:30 Flight 1 warm-up
 1:35 - 1:45 March in
 1:45 - 4:00 Competition
 approx. 4:15 Awards

Event	Flight 1	Flight 2
VAULT	Gold Medal - 4 Capital City - 4 Kids In Motion - 1	
BARS	Revolution - 5 Medina - 3 Spirit Of Ohio - 2	
BEAM	B & B - 9	
FLOOR	Gymniks - 8	

Saturday, March 13 Session 3A Level 5

4:00 - 4:30 Check in
 4:30 - 5:00 General Stretch
 5:00 - 5:20 Flight 1 warm-up
 5:20 - 5:30 March in
 5:30 - 9:00 Competition
 approx.9:15pm Awards

Event	Flight 1	Flight 2
VAULT	Gymnation - 7	Gym Quest - 8 Gym Central - 2
BARS	Queen City - 8	GTCO - 13
BEAM	All Starz - 7 Kids in Motion - 4	Gymnation - 7 Gymnasium - 4
FLOOR	CGA - 11	Queen City - 8

Saturday, March 13 Session 3B Level 7 & Prep Opt.

4:00 - 4:30 Check in
 4:30 - 5:00 General Stretch
 5:00 - 5:20 Flight 1 warm-up
 5:20 - 5:30 March in
 5:30 - 9:00 Competition
 approx.9:15pm Awards

Event	Flight 1	Flight 2
VAULT	Capital City (PO) - 5	FNT (7) - 8 Spirit of Ohio (7) - 1
BARS	FNT (PO) - 5	Gymniks (7) - 9
BEAM	Medina (PO) - 5	Gold Medal (7) - 6 Kids in Motion - 3
FLOOR	Revolution (7) - 3 Westside (7) - 3 B&B (7) - 3	Medina (7) - 4 Capital City (7) - 4